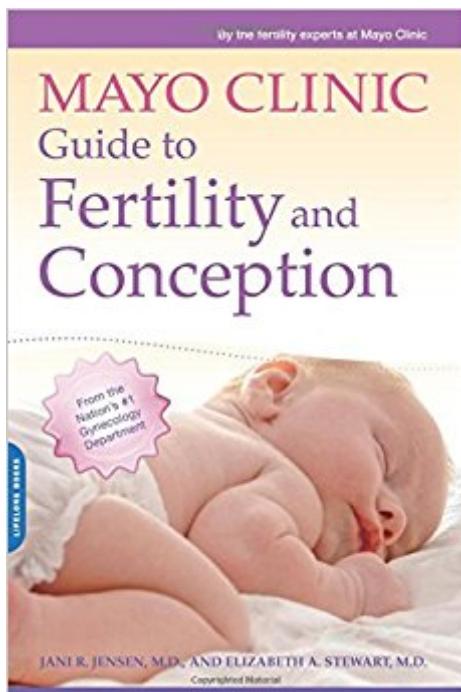


The book was found

Mayo Clinic Guide To Fertility And Conception



Synopsis

Deciding to start or build a family is a life-changing decision, and, once the choice is made, there's a whole new set of unknowns;including how challenging the journey will be. For the first time, fertility experts at Mayo Clinic offer an essential guide for those who want to have a baby. With color photographs and graphics throughout, this user-friendly yet comprehensive book provides answers and explanations on nearly every aspect of achieving a successful pregnancy: lifestyle and nutrition; the intricacies of natural conception; common fertility problems; the latest medical treatments (including intrauterine insemination,IVF, and donors); and information on special situations (including fertility preservation, chosen single parenthood, same-sex couples, and more).

Book Information

Paperback: 288 pages

Publisher: Da Capo Lifelong Books; 1 edition (April 28, 2015)

Language: English

ISBN-10: 1561487872

ISBN-13: 978-1561487875

Product Dimensions: 6 x 0.6 x 9 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 5 customer reviews

Best Sellers Rank: #327,371 in Books (See Top 100 in Books) #89 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Infertility #558 in Books > Health, Fitness & Dieting > Women's Health > Pregnancy & Childbirth #12830 in Books > Parenting & Relationships

Customer Reviews

Jani R. Jensen, M.D., is a Mayo specialist in the division of Reproductive Endocrinology and Infertility and director of the In Vitro Fertilization Program at Mayo Clinic. Elizabeth A. Stewart, M.D., is the chair of Mayo's division of Reproductive Endocrinology and Infertility.

Definitely worth a read and easy to understand! Very helpful

Easy, quick read! Great advice and knowledge.

Great product!

excellent

This book is an excellent resource for women who are trying to become pregnant. It explains everything in a calm, easy-to-understand manner. Unlike most websites that deal with fertility, this book does not resort to fear mongering, but rather explores fertility and fertility challenges in a rational manner. Reading this made me feel comforted, rather than panicked, because let's face it -- most of us are neurotic and worry about fertility issues as soon as we decide we want to become pregnant. If you're looking for an explanation on how conception works, what to do to maximize your chances, where you stand demographically, and how to approach common fertility problems, look no further.

[Download to continue reading...](#)

Mayo Clinic On Prostate Health: Answers from the World-Renowned Mayo Clinic on Prostate Inflammation, Enlargement, Cancer (Mayo Clinic on Health) Mayo Clinic Guide to Fertility and Conception Mayo Clinic Essential Guide To Prostate Health by Mayo Clinic (2009) Hardcover Mayo Clinic on Osteoporosis: Keeping Bones Healthy and Strong and Reducing the Risk of Fractures ("MAYO CLINIC ON" SERIES) Mayo Clinic Gastroenterology and Hepatology Board Review (Mayo Clinic Scientific Press) Mayo Clinic Preventive Medicine and Public Health Board Review (Mayo Clinic Scientific Press) Mayo Clinic On Headache ("MAYO CLINIC ON" SERIES) Mayo Clinic Gastrointestinal Imaging Review (Mayo Clinic Scientific Press) Mayo Clinic Internal Medicine Board Review (Mayo Clinic Scientific Press) Fertility for Beginners: The Fertility Diet and Health Plan to Start Maximizing Your Fertility 6 Steps to Increased Fertility: An Integrated Medical and Mind/Body Approach To Promote Conception Acupuncture For Fertility: From Conception To Delivery & Everything In Between (What Is Acupuncture & How Can It Help Me? Book 2) Getting Pregnant Faster: The Best Fertility Herbs & Superfoods For Faster Conception Mayo Clinic Guide to Preventing and Treating Osteoporosis Mayo Clinic A to Z Health Guide: Everything You Need to Know About Signs, Symptoms, Diagnosis, Treatment and Prevention Mayo Clinic The Menopause Solution: A doctor's guide to relieving hot flashes, enjoying better sex, sleeping well, controlling your weight, and being happy! Mayo Clinic Guide to Your Baby's First Year: From Doctors Who Are Parents, Too! Mayo Clinic Guide to Your Baby's First Year Mayo Clinic Essential Guide To Prostate Health Mayo Clinic Guide to Living with a Spinal Cord Injury: Moving Ahead with Your Life

[Contact Us](#)

DMCA

Privacy

FAQ & Help